

SCMC Pastor Spouse Retreat

Restful Encouragement

April 1-2, 2022 Oak Park Retreat Center Perkins, OK

Mark 6: 30-32 ³⁰ The apostles gathered around Jesus and reported to him all they had done and taught.
³¹ Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, **“Come with me by yourselves to a quiet place and get some rest.”** ³² So they went away by themselves in a boat to a solitary place.



You are ministering in a difficult time, take some time away and be ministered to!

We pray this is a weekend of worship, solitude, fellowship, prayer, and fun. SCMC leaders are working to resource this weekend so that our pastors can be ministered to, led in worship, guided in prayer, and given space and time to retreat. There will be space for spouses to fellowship and relax while the Healthy Boundary Training takes place.

Tentative Schedule

Friday:

10:00 AM - 4:00 PM (*Optional)
Healthy Boundary Training
5:30 PM Supper
7:00 PM Worship
8:00 PM fellowship or solitude relaxation

Saturday:

9:00 AM Breakfast
10:00 AM Worship
11:00 AM Guided Prayer/Reflection
12:00 Noon Lunch
1:00-?? Relaxation on the grounds

Register at <https://forms.gle/ugd8CGu8vruudtwT8>

We ask that attendees follow CDC recommendations regarding COVID-19. Review these at:
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>